

# What's UPPs

NEWSLETTER NO 16 TUESDAY 20 NOVEMBER 2018

## DATES TO REMEMBER

### **Swimming Program**

#### **Grade Two**

26-30 November  
Payment due 16/11

#### **Grade 5**

26-30 November  
Payment due 16/11

#### **Grade One**

3-7 December  
Payment due 23/11

#### **Grade 6**

3-7 December  
Payment due 23/11

#### **Foundation**

10, 11, 13 & 14 Dec  
Payment due 30/11

### **Foundation/Grade 6**

#### **Orientation Day**

11 December

### **Grade 6 Graduation**

13 December

## From the Principal

### **Parent Connections**

There is a variety of opportunities on offer over the next couple of weeks for parents to engage with our school.

Our first PYP '**Grade 6 Exhibition**' will be held on 21<sup>st</sup> November from 5.30-7pm. Our Grade 6 students have been busily preparing for this opportunity to showcase their learning within the PYP. They have been conducting research to develop their lines of inquiry. I am very excited that we will be hosting this Exhibition, which will be an annual event for our Grade 6 students from now on. Parents are warmly encouraged to come along to this celebration of learning.



On Wednesday 21<sup>st</sup> November at 9.15am, the **Junior Unit will be hosting an Assembly**. This will be held in the Junior Unit and is a great opportunity for parents to find out more about the learning that is happening in our classrooms.

We are looking forward to the **Appreciation Morning Tea** that will be held on Thursday 22<sup>nd</sup> November at 11am. This is an opportunity for the school to thank the many volunteers who support our students and our programs. We are very grateful to this highly valued team and look forward to seeing you on Thursday.



On Friday afternoon, **our next Instrumental Concert** will be held to celebrate the fantastic learning that has taken place within our Arts Program. The Concert will be held in the Multi Purpose Room and all parents and family members are most welcome.

Our **Swimming Program** begins next week, with Gr 2 and Gr 5 participating. Parents are most welcome to go along to classes at the Aquatic Centre in Gillies Street North.

### **Classes for 2019**

Many thanks to the parents who have followed the established process and lodged written requests with me for the placement of their children in 2019. Forming the classes takes a great deal of time as we balance the academic, social and behavioural needs of the children. Over the last few weeks, parents have had the opportunity to contribute to the process and students have nominated some children with whom they would like to be placed. As students, parents and teachers have had the opportunity to contribute to the process, we will be reluctant to move students once classes are finalised. We appreciate your support of this process.



## **Student Leadership**

I have been thrilled to hear that many Grade 5 students have expressed interest in school leadership in 2019. I look forward to playing an active role in this process and I congratulate the students who have applied for these important positions.



## **Commencement of 2019 School Year – Dates for your Diary**

2019 will soon be upon us! I have included the following dates to assist with your planning. Staff return to school on Tuesday 29th January 2019 - this is a student free day (no classes) for teachers to plan and engage in professional learning. On Wednesday 30<sup>th</sup> January or Thursday 31<sup>st</sup> January, **all students** are asked to attend an assessment session with their teacher, which will allow teachers to meet individually with each child to determine learning needs. Details of how to book for these assessment sessions will be in upcoming newsletters. **The first full day of school for all students will be Friday 1st February 2019.**



Best wishes,  
Janet Hillgrove

## **URQUHART PARK CRICKET REPORT**



### ***November 7th* Venue: Vic Park #10**

Unfortunately our game was washed out. Again, our tight bowling and sharp fielding restricted our opponents to a very gettable score:

**Wendouree Red: 4/61**

### ***November 14th* Venue: Vic Park #1**

In our tightest finish for a number of years, our team bowled some excellent final overs to restrict a very professional Wendouree team. Xavier bowled beautifully and took 2 wickets and claimed an outstanding catch. His sister Mia bowled a tight line and length to restrict their batsmen. Our backing up and energy in the field was outstanding!

**UPPS: 10/72**

**Wendouree RedCaps: 11/70**

Mr. Paxton

## JUNIOR UNIT

In Foundation, students have been investigating weather temperature and weather reports. We have looked at weather reports in the newspaper and drawn our own weather symbols.

Our Year Ones have been exploring push and pull forces in the playground, in the classroom and even at home. We have been conducting experiments to investigate forces. Trying to make a ball of plasticine float was lots of fun!

The Year Twos are enjoying learning about different states of matter. We are currently designing and completing our own experiments and writing them up as scientific experiments.

We hope you can join us for our final 2018 Junior Unit Assembly this Wednesday 21st November at 9.15am in the Hiroba space in our building.

## MIDDLE UNIT

Please make a note in your diary that our final Middle Unit Assembly for 2018 will take place on Friday 30th November at 2.30pm in the MPR. Please join us as we share our learning!

In Grade 3, students have been exploring their individuality, presenting short speeches about individuality to their class. We formed a 'panel' to provide feedback on presentation skills, with all of the students enjoying the chance to be a 'panel member'. We are now looking at ways we can express this individuality, be it through writing, drawing, painting, dancing, singing, performing or playing.

Grade 4 students have each selected an issue presented in the media that they connect with. We will be researching our issues further and deciding on engaging ways to present our findings in the coming weeks. We are looking forward to sharing our perspectives with everyone before the end of the year. Stay tuned!

## SENIOR UNIT

This week, the Grade 6 classes are excited to present their PYP Exhibition and to showcase their amazing learning. All are invited and encouraged to view the Exhibition this Wednesday, 21st November from 5.30pm to 7pm in the MPR. It would be wonderful to see your support!

We thank all of the wonderful Grade 5 students who have shown an interest in Specialist Captain positions. Interviews with Specialists teachers for these roles will take place next week.

Grade 5 students now have the opportunity to apply for School Captain positions, which will take place in Week 9. We wish all applicants the very best of luck during this process.

Grade 5 students continue their Unit of Inquiry, where they are becoming very familiar with dance and drama cultural celebrations from all over the world.



# Urquhart Park Primary School

Parents  
Information Session  
With

Bridget Veld  
Accredited Mental Health  
Social Worker.

Wednesday 28th November 2018  
Mulit Purpose Room  
9am Start.



**"Resilience and supporting  
your child to navigate  
friendships at school"**

Younger children welcomed





# Making a smooth transition to secondary school

by Michael Grose

Going to secondary school is both exciting and scary for many kids. There's excitement about new friends, teachers and ventures, but this can be overshadowed by anxiety and stress.

The sheer size of a high school building can be overwhelming to the uninitiated. The potential loss of status when moving from big fish in a small pond to tiny minnow in a large ocean can be hard to swallow for some. Add the increased number of teachers and the hormonal changes that accompany puberty and drive emotional and cognitive development and it is little wonder the first year of secondary school often sees a plateauing in learning. Most kids are flat out making new friends and getting used to how secondary school works, so learning takes a back seat for a time.

While it's easier for those who have a brother or sister already there who can pass on some tips about how to survive secondary school, many don't have that luxury. Fortunately, there are number of strategies parents can use to make the transition to secondary school easier.

## **Know the school space**

Familiarity helps reduce anxiety. Most secondary schools have familiarisation programs for incoming students but it helps to reinforce with your young person where the key spaces are – such as administration, toilets, the tuck shop and drinking taps. A trip to the school during the holidays, if possible, can help reassure a nervous secondary school starter.

## **Make the leap with friends**

Negotiating new friendships can be stressful so it helps to identify some friends from primary school or outside school that your child can travel with or meet up before school, at lunch breaks and during times when classes aren't scheduled. This will give them the opportunity to share and compare experiences, which is therapeutic for kids who are experiencing change.

## **Help with planning and organisation**

Some students can be overwhelmed by the organisational demands of secondary school. If your child fits this category, be prepared to be on hand to coach your young person in the finer arts of being on time to class, organising work in folders, planning homework time, handing in multiple assignments and filling out forms.

## **Set up a designated study space in the home**

Now that your young person has hit the big time it's important that they have a study space to call their own. Keep this outside the bedroom if possible – the bedroom is a space for sleeping and relaxing. Use any area that is reasonably quiet and well lit. Set up a desk with a computer, if possible, along with stationery items.

## Establish a work schedule

If your child's primary school homework was given inconsistently then be prepared for a change. Most secondary schools try to coordinate homework between different teachers but there will be more times than not when your child will come home with multiple homework assignments to complete. Build the homework habit early and choose a regular time that allows for breaks. Encourage them to work quickly so that work does not drag on and become demotivating.

## Stay patient and positive

The social and academic demands of going to secondary school can be mentally draining for young people. Some will miss old friends and the relative comfort of primary school. It's important for parents to be patient with their young person, to expect a few behaviour blowouts and to be prepared to listen and help them process their new experiences. If your young person has negative experiences, point them in the direction of the good things that may happen during the day.

Your young person's coping mechanisms are being tested during this time. They can change on a daily basis. If stress becomes overwhelming or persistent to the point that they don't want to go to school after the initial settling-in period, consider organising some extra assistance. A year-level coordinator, school counsellor or the local doctor can be good starting points should extra assistance be needed.

Starting secondary school is one of many transitions your young person will face in life. With planning and support, your child can make a positive start to secondary school and enjoy an amazing time at their new school.

[You can attend our upcoming webinar, Preparing for High School, at no cost!](#)

## About the webinar

In this webinar popular parenting educator, author and secondary teacher Sharon Witt will share a bag full of practical strategies guaranteed to remove the stress and ensure a smooth transition to secondary school.

## When

**Tuesday, November 27, 2018 7:30 PM – 8:30 PM AEDT**

## Price

This webinar is free of charge to families at schools that have a Parenting Ideas membership. Use the voucher code below to register for the webinar valued at \$37 per person.

## How parents can use the voucher

Click this link <https://www.parentingideas.com.au/product/webinar-preparing-for-high-school/>

Click 'Add to cart'

Click 'View cart'

Enter the voucher code TRANSITION and click 'Apply'. Your discount of \$37 will be applied to the order. This voucher is valid until 27 December 2018.

Click 'Proceed to checkout'

Fill in your account details. These are the details you will use to login to your account and access your parenting material

Click 'Place Order'





# Urquhart Park Primary School Transition and Orientation Program

Date	Time	Session
Monday 22nd October	2:10 – 3:10pm	Transition session
Tuesday 13th November	2:10 – 3:10pm	Transition session
Wednesday 21st November	2:10 – 3:10pm	Transition session
Thursday 29th November	2:10 – 3:10pm	Transition session
Wednesday 5th December	7 – 8pm	Parent Information session
Tuesday 11 <sup>th</sup> December	9:30 – 12pm	<b>Orientation Day</b> On this day your child will meet their 2019 teacher, classmates and buddy. They will be required to bring along a hat, snack and drink bottle please.

**JUNIOR UNIT ASSEMBLIES**

**Term 4**

**Dates for your diary**

The Junior Unit warmly welcomes you to our assemblies.

This term they will be held on...

Friday 26th October at 10.15am

in the Hiroba (Junior Unit building). Join us for the UPPS Lapathon after assembly

and

Wednesday 21st November at 9.15am

in the Hiroba

*Hope to see you there!*

# The Primary Years Programme (PYP) at Urquhart Park Primary School

## **TRANSDISCIPLINARY THEMES**

**Term 4, weeks 4 – 9**

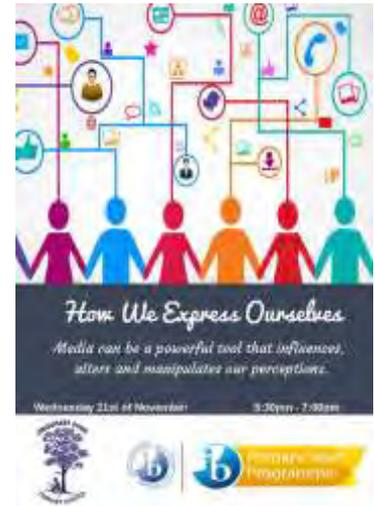
### **Junior: HOW THE WORLD WORKS**

*An inquiry into the natural world and its laws; the interaction between the natural world (physical and biological) and human societies; how humans use their understanding of scientific principles; the impact of scientific and technological advances on society and on the environment.*

### **Middle and Senior: HOW WE EXPRESS OURSELVES**

*An inquiry into the ways in which we discover and express ideas, feelings, nature, culture, beliefs and values; the ways in which we reflect on, extend and enjoy our creativity; our appreciation of the aesthetic.*

## **GRADE 6**



## **FOUNDATION**

### **Central Idea:**

**Our world is continuously moving and changing.**

### **Key Concepts:**

CHANGE, REFLECTION, CONNECTION

### **Related Concepts:**

Weather, seasons

### **Lines of Inquiry:**

seasons and temperature  
weather changes

importance of weather reports and weather reporters

### **Learner Profile Attributes:**

Thinkers, communicators, knowledgeable, reflective

**Attitudes:** Enthusiasm, independence, cooperation, confidence

### **Approaches to learning:**

Social, research, self-management, thinking and communication skills

### **Specialist collaboration:**

Japanese

## **GRADE 1**

### **Central Idea:**

**People apply their understanding of forces to invent and create.**

### **Key Concepts:**

FORM, FUNCTION, CAUSATION

### **Related Concepts:**

Properties, systems, consequences

### **Lines of Inquiry:**

pushes and pulls  
inventions that use forces  
guided investigation

### **Learner Profile Attributes:**

Thinkers, reflective, inquirers, courageous

**Attitudes:** Commitment, cooperation, enthusiasm, curiosity

### **Approaches to learning:**

Self-management, research and thinking skills

### **Specialist collaboration:**

Music

## **GRADE 2**

### **Central Idea:**

**Everyday materials can be changed in a variety of ways for particular purposes.**

### **Key Concepts:**

FORM, CAUSATION, CHANGE

### **Related Concepts:**

Reactions, change

### **Lines of Inquiry:**

different states of matter have different properties

how materials change, combine and react with one another

making predictions and observations through scientific investigations

### **Learner Profile Attributes:**

Thinkers, reflective, knowledgeable

**Attitudes:** Independence, curiosity, commitment

### **Approaches to learning:**

Thinking, communication and research skills

## **GRADE 3**

### **Central Idea:**

**Expression reflects individuality.**

### **Key Concepts:**

PERSPECTIVE, REFLECTION

### **Related Concepts:**

Artistic expression

### **Lines of Inquiry:**

reflecting on our own perspectives can lead us to appreciate the perspectives of others

recognise different forms of expression  
convey our thoughts using many forms of self-expression

**Learner Profile Attributes:** Reflective, communicators, courageous

**Attitudes:** Confidence, independence, creativity

**Approaches to learning:** Social, communication and self-management skills

### **Specialist collaboration:**

Art

## **GRADE 4**

### **Central Idea:**

**Media influences thinking and decision making.**

### **Key Concepts:**

REFLECTION, PERSPECTIVE

### **Related Concepts:**

Global issues, conflicts of perspectives

### **Lines of Inquiry:**

the different forms of media  
the purpose of media  
how it influences us

**Learner Profile Attributes:** Principled, open-minded, communicators

### **Attitudes:** Empathy, integrity

**Approaches to learning:** Thinking, research and communication skills

### **Specialist collaboration:**

Art

## **GRADE 5**

### **Central Idea:**

**Communities around the world recognise important personal and cultural events through celebrations.**

### **Key Concepts:**

PERSPECTIVE, RESPONSIBILITY, CONNECTION

### **Related Concepts:**

Geography

### **Lines of Inquiry:**

location of major countries  
influences of drama and dance on our own and different cultures  
conflicting belief systems

**Learner Profile Attributes:** Communicators, inquirers, open-minded

**Attitudes:** Appreciation, respect, creativity

**Approaches to learning:** Research and communication skills



# How We Express Ourselves

*Media can be a powerful tool that influences, alters and manipulates our perceptions.*

Wednesday 21st of November

5:30pm - 7:00pm



Primary Years Programme