



**NEWINGTON  
PRIMARY SCHOOL**  
*Inspire Inquire Grow*

# NEWSLETTER

ISSUE 9

17TH OF JULY 2023



*We would like to acknowledge the Wadawurrung People, who are the Traditional Custodians of the land on which we come to learn. I thank them and their ancestors for looking after this land for thousands of years, and for their kindness and courage in sharing it with us in the present.*

## FROM THE PRINCIPAL

*Dear Friends and Families,*

Child Safety is a priority for all students at Newington Primary School. It is important that all our students stay safe and feel safe while at school and when they are not at school.

Online interactions can often lead to students becoming vulnerable and unsafe.

Please take note of the two posters below and check in with your child upon whether they are fully equipped to be safe online.

## IMPORTANT DATES

Date	Event
21st of July	Grade 4 History Box Incursion
25th of July	Special Persons Day
28th of July	Assembly
4th of August	100 Days in Foundation!
11th of August	Assembly
17th of August	Learning Conferences 3.30 -6.30pm
18th of August	Learning Conferences 9am-3.10pm
15th of September	Final Day of Term

## Top 5 online safety tips



- 1 Think of others' feelings before you post, like or share content.
- 2 Ask for permission before you share a photo or video with someone else in it. Respectful online relationships start with consent.
- 3 Be an upstander. Speak up if you see someone cyberbullying or sharing nudes in a group chat – let them know that's not okay. Report and delete it.
- 4 Use privacy and screen time settings to take control of your digital life and its impact on your mental health.
- 5 Ask for help. Cyberbullying and sharing intimate images without consent can be distressing, but eSafety can help remove them.

## Top 5 online safety tips for kids

- 1 Set up your device to protect your information.
- 2 Explore safely & tell an adult if you see anything online that makes you feel yuck.
- 3 Limit who can contact you when you're playing games.
- 4 Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.
- 5 Ask for help if anything online is bothering you.



#SafetyYoungPeople

eSafety.gov.au/young-people

#SafetyKids

eSafety.gov.au/kids

Ph: (03) 533 05 400

Email: [newington.ps@education.vic.gov.au](mailto:newington.ps@education.vic.gov.au)



Primary Years Programme



## FROM THE ASSISTANT PRINCIPAL

Welcome back everyone, I hope you had a wonderful break. The students have settled back into school routines and expectations extremely well.

### Lost Property

Lost property continues to accumulate each day and sadly many clothing items, drink bottles, lunch boxes etc are not named. Please ensure your child's full name is clearly written on all items. It is so easy to return lost items if they are named.

### Asking for Help

At Newington Primary School we are consistently checking in with our students to ensure they are safe, happy, and feel connected to our school community. Through our teaching of the Zones of Regulation, Body Bright, Resilience, Rights, and Respectful Relationship lessons, most students could articulate the different people/ways they could ask for help. However, some students can find it difficult to identify what they would do if a peer was hurt or upset.

There are many people at Newington Primary School who can help.

If student feels upset, they should:

- Speak to their classroom teacher and/or
- Speak to a teacher on yard duty if they feel upset or need help.

Please ask your child to look for a teacher in a high-vis orange jacket if they need help during these times.

If a child needs help with resolving conflict, or because they are worried about something, they should speak to their class teacher (or the teacher of the lesson they are currently in) as soon as possible. As their class teacher is with them for most of the day, students should be encouraged to speak to the teacher directly (rather than waiting for their parent to do this). This will help solve their issue quickly and ensure that they learn the skills to seek help. Help-seeking is a vital skill which we rely on heavily throughout our lives!

If your child is worried about saying anything or asking for help, please reach out to their class teacher for them.

**At the dinner table tonight, please ask your child: "At school, where can you get help if you are hurt, or feel upset?"**

### Zones of Regulation

The school continues to roll out the Zones of Regulation. Classes have been going more in depth about the feelings of each Zone and starting to build toolboxes of strategies that will help be calm, happy and ready to learn.

Please have a discussion with your child/ren about what they are learning about the Zones. Strategies can help at school and home.

Supplementary Reproducible E for Elementary Ages



# The ZONES of Regulation

<b>Blue Zone</b> Sad Bored Tired Sick	<b>Green Zone</b> Happy Focused Calm Proud	<b>Yellow Zone</b> Worried Frustrated Silly Excited	<b>Red Zone</b> Overjoyed/Elated Panicked Angry Terrified

Name	Class	Award
Sam	EM	For communicating his rhyming knowledge and swapping sounds to make lots of rhyming words.
Sophie	FW	For communicating her knowledge of her Indigenous culture with her peers!
Muntaha	1HW	for becoming a critical thinker when solving maths problems.
Zoe	1T	For becoming a critical thinker when solving maths problems.
Addy	2Q	For settling into Term 3 successfully by trying your best in the classroom and perseverance in learning new concepts. Keep up the amazing effort Addy!
Isabelle	2P	For being an amazing communicator by volunteering her ideas to help others in 2P use descriptive language when writing our Indigenous stories for NAIDOC Week.
Alby (3D)	PE	For showing excellent team work skills during our orienteering map reading activity.
Carter Curtis:	Music	For his thinking skills in Music. Carter transferred prior knowledge of singing to sing individually, perfectly in tune, using his beautiful singing voice while responding to the prompt.

GRADE 3

It has been a great start to Grade 3 in Term 3. We have been celebrating NAIDOC Week, which has involved creating a story that includes a Wadawurrung word on each page. We used a Wadawurrung language app on the iPad to find our word. We could listen to the pronunciation and explore a large variety of words. 3D have two parts to their story- one poetic section and one fact box for each page.



English	Wadawurrung
dingo	darwal
eagle	bunjil
koala	ngaambulmun
kangaroo	gan zuluon
magpie	gura djugang
rocketoo	parruwang
owl	djirnap
black swan	Warrnal
march fly	kunawarra
echidna	marran
snake	mon jarrk
	kudlak

Kangaroos are the largest marsupials alive today. The largest species of kangaroo (the wallaby) is the red kangaroo.

Parruwang glides through the day light Parruwang feels free as he glides the wide open sky.

Gulwan leaps lowly breaking sticks and leaves searching for tasty treats: grass, shrubs and sweet, new fruit.

Our Unit of Inquiry, 'History Lives Through People and Places' is continuing from last term and fits well into our celebration. Exploring the animals that live in the Ballarat area through the Wadawurrung language has helped us think about what life was like in the past and how it has changed over time.

**Spaced Out in Grade 5**

In the final week of Term 2, Grade 5 students selected a planet, star or some other cosmic body or phenomena to research. This week, we shared some of our weird and wonderful discoveries...

- Saturn has 146 moons - Mikhaila
- Wow, when I was a kid, they only knew about 9 of Jupiter's moons - Mr Westaway
- Planets formed out of a cloud of gas & dust called the solar nebula - Eden
- Mars is red because of the iron in the ground - Rory
- The biggest known star, UY Scuti could fit 5 billions of our Sun inside - Tyler

**All the moons of saturn**

**The Ozone layer?**

**Why do Planets Need Moons?**

**How did the planets in our solar system come to be?**  
By Eden

**Northern And Southern Lights**  
By Matilda

**NEPTUNE**  
By Adra

**Our Planet Hunting Neighborhood**  
90% of planets with known distances lie within about 2000 light-years from our Sun, as of July 2014.

**Space**

**Where does the white hole belong in this family?**

PYP

## Open-Minded

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We critically assess our own cultures and personal histories, as well as the values and traditions of others.

We see and evaluate a range of points of view, and we are willing to grow from the experience.




Welcome back to Term 3! We will be continuing to share with our Newington community, The Learner Profile Attributes and what they look like here at NPS. Last term, we looked at: Knowledgeable, Thinkers and Communicators. The 4<sup>th</sup> Attribute that we would like to share with you is, **OPEN-MINDED**.

We are also matching these Attributes up with our assemblies so that students are able to come home and share what they learnt the same day that you are reading the newsletter!

This week, NPS celebrated NAIDOC Week through this year's theme, 'For Our Elders'. Students have been Open-Minded when learning about Indigenous culture, history and Wadawurrung language.

Each class has worked to create a collaborative picture story book that we hope to get published and have available for students to read in our Discovery Centre. We can't wait to share these with you!





**NAIDOC Week**  
 1 - 9 June 2023  
 #NAIDOCWeek