



# What's UPPs



NEWSLETTER NO 14

TUESDAY 8 SEPTEMBER 2020

## DATES TO REMEMBER

### Learning Conferences

Thursday 17 and  
Friday 18  
September

### Curriculum Day

Friday 18  
September  
(no students on-site)

### Last Day of Term 3

Friday 18  
September

### First Day of Term 4

Monday 5 October

Remote learning  
for week 1

See Mrs Hillgrove's  
information →

Monday 12 October

All students return  
to onsite learning

## Dear Families,

### Returning to On-Site Learning

As you are no doubt aware, the Victorian Government has released its plan for easing coronavirus (COVID-19) restrictions. It includes a number of decisions about school operations. Please find the pathway to the return to on-site schooling at UPPS outlined below.

We will continue to provide remote and flexible learning for the remainder of Term 3

Term 4 Week 1 (5-9 October) - remote and flexible learning will continue as it is currently, with an on-site program for children who meet the specified criteria.

Term 4 Week 2 - **Monday 12 October - All UPPS students return to full-time on-site schooling.**

### Mental Health & Wellbeing

We understand that some families may feel anxious about the move back to classroom teaching and learning. The mental health and wellbeing of students will be an important consideration during the return to school transition. The school continues to provide support to students and families. If you feel concerned about your child's wellbeing please contact the school.

### School Health & Safety Measures

The school is implementing a number of strategies to support physical distancing particularly among adults, and good hygiene practices.

**Arrival and departure from school.** In order to minimise the number of adults congregating outside the school at any one time, we will be utilising different gates for different year levels.

**From Monday 12 October please utilise the following gates:-**

**Foundation** – northern gate on Waller Avenue near the Foundation classrooms

**Grade 1** – southern gate on Waller Avenue near the bike shed

**Grade 2** – northern gate on Russell Street near the Multi-Purpose Room

**Grades 3 & 4** – southern gate on Russell Street near the Grade 1/2 playground (To be confirmed).

**Grades 5 & 6** – front gate on Inkerman Street



**Times of arrival and departure.** Breakfast Club will remain closed until further notice as staff have been allocated to gate duty to ensure students are supported and safely supervised when they arrive and depart from school. Further to this, reducing mixing between different cohorts is recommended as a precautionary measure to minimise risk of spread of transmission.

**It is very important that families observe the specified arrival times. Staff will not be in the yard before school to supervise students and parents should not be on-site while our current protocols are in place. If there is a need for your child to be at school earlier than 8:35am, we have before school care available in the MPR. Please contact the YMCA directly to organise childcare.**

*Arrival times are as follows:-*

**8:35am – 8:45am** Foundation, Grade 2, Grade 4 and Grade 6 students arrive

**8:45am – 8:55am** Grade 1, Grade 3 and Grade 5 students arrive

*Departure times:*

**3:00pm** Foundation, Grade 2, Grade 4 and Grade 6 students depart

**3:10pm** Grade 1, Grade 3 and Grade 5 students depart

### **Siblings may arrive and leave together.**

***Please discuss the gate and the time that you will drop off and pick up so that all siblings are aware of the arrangements.***

Students should bring their own water bottles and should not drink directly from drinking fountains at this time. Taps may be used to refill water bottles.

Soap will be provided in all toilets and hand sanitiser available in all classrooms.

Extended and increased cleaning arrangements will continue. High touch points will be cleaned during the day and after school.

Sharing of equipment will be minimised and hand hygiene in place before and after use.

Sharing of food is actively discouraged during this time.



#### **Management of an unwell student**

All unwell children must remain at home.

A student who becomes unwell while at school will be sent home.

Students experiencing compatible symptoms with coronavirus at school will be isolated in an appropriate space and supervised until collection by a parent or carer as soon as possible.

Parents or carers of students experiencing compatible symptoms should seek advice from their health care professional who can advise on next steps. Please keep the school informed.

#### **Management of the school environment**

Parents and carers are encouraged to remain within their cars and should not enter school grounds unless it is essential. There should be no congregating at gates, as social distancing requirements should be observed.

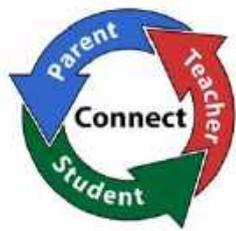
Parents and carers can communicate with the school through writing in your child's diary, telephoning the office on 5330 5400, or emailing the school on [urquhart.park.ps@education.vic.gov.au](mailto:urquhart.park.ps@education.vic.gov.au). Teachers will be available to speak with parents by appointment.

**There will be another newsletter in Week 1 of Term 4 where I will make families aware of any further updates. I will also place notices on Seesaw if required. Please contact me if you have any concerns.**

#### **Staffing Changes**

In Term 4, we welcome back Mrs Hollie Searle from family leave. Hollie will be with us for two days each week in a learning support role.

## Online Learning Conferences – No school on Friday 18 September



Learning Conferences take place at the end of Terms 1 and 3. Due to the postponement of the Term 1 conferences, it is important that we go ahead this term. Conferences of 10 minutes duration will be held online via WebEx. They will have a different format that acknowledges the strong partnerships between teachers and parents in the children's learning over the remote period. On this newsletter, you will find details for booking conferences with your child's teachers, using the usual booking process. Please do not hesitate to contact the school if you need assistance with making appointments. Conferences will take place on Thursday 17 September from 3.30-6.30pm and Friday 18 September from 9.00-1.00pm. **As teachers will be involved in conferences, there will**

**be no on-site supervision available and so Friday 18 September will be a pupil free day.**

### PYP Exhibition



Our Grade 6 students have begun preparing for their PYP Exhibition of learning. Due to COVID-19 restrictions, we are discussing the most appropriate format for the final presentations. Many thanks to Mr Tristan Dixon and Mr Dave Westaway who are co-ordinating our Grade 6 PYP Exhibition.

### Grade 6- Canberra Camp

We are very disappointed to announce the cancellation of the Grade 6 Canberra Camp. Under the current circumstances, there are too many unknowns in relation to crossing borders and quarantines. The Canberra experience requires that the students are in a number of public venues and we do not want to place our students and staff at risk. I understand that this is very disappointing for our Grade 6 students, who have had such a disrupted final year of primary schooling. I'm also aware that significant events such as their graduation may require some creative thinking so that our graduates receive the acknowledgement that they deserve. **A huge thank you to Mr Tristan Dixon who has tried his utmost to organise the Canberra camp for Grade 6 students. I know that he initially organised it for earlier in the year and then reorganised it by moving the camp to the end of the year in the hope that it would go ahead. Thank you Mr Dixon for your efforts. You did everything that you could!**



### Building Update

Our new building project remains on schedule, with the focus upon the landscaping and internal work. I had the pleasure of checking out the new learning spaces on Friday and was thrilled by the spacious and light learning areas that the building has to offer. The outside deck is looking fantastic. Over the next couple of weeks, we hope that much of the internal work will be finished so that the carpet can be laid.



### Being Sun Smart in Term 4

Please remember that in line with our Sun Smart Policy, hats must be worn in the yard in Term 4.

### Thank you, Everybody

As Term 3 draws to a close, thank you just doesn't seem enough! I cannot express my gratitude for the support and understanding that our school has received from our community. As we move into Term 4, we don't know what the future holds. Please know that we will do all that we can to support our students and families. A huge thank you also to our dedicated staff for their amazing work and support throughout the term.

I hope that you all have a restful, well-deserved break and I look forward to seeing you in Term 4.

Best wishes,

Janet Hillgrove

## Some information/updates from Karen and Susan in the office:

### Grade 6 Canberra Camp refunds

As advised by Mrs Hillgrove, our Grade 6 Canberra Camp has unfortunately been cancelled.

Refunds will be paid to family bank accounts on a weekly basis. If CSEF (Camps, Sports and Excursion Fund) credit was used, in full or part, this amount will be credited back to your CASES21 family account. (as required by DET). The remainder of money paid will then be credited to your nominated bank account.

Please make contact with the office to supply your BSB and bank account number details.

Those families who have had Snow Trip credits paid, we will use these details unless otherwise advised.

If you have any questions, please do not hesitate to contact the office.

### Grade 6 Bomber Jackets

*The Bomber Jackets have finally arrived at school and families advised by SeeSaw.*

*Please telephone the office once you arrive at the Inkerman Street gate and Karen or Susan will deliver the jacket to the gate.*

### ..... Any changes?!

At the beginning of each year, we ask you to update any changes to contact information, addresses, emergency contacts etc, but of course we realise that these changes do not just happen at the beginning of the year.

So.... If you have had any changes, please contact the office so that we can update our CASES21 information. We are only as good as the information provided to us.

### Wet weather

Ballarat wet weather has hit and although, by the calendar, Spring is only just around the corner, we all know that this weather will be with us for a while still.

Whilst every attempt is made to keep children from the muddiest of patches on the oval, accidents do occur.

To minimise calls home or work when children get muddy, we usually provide a change from our 'spares'.

Unfortunately, these 'spares' are often not returned once washed and we are now left with an empty cupboard of trackpants.

For those families with children on-site at the moment, we are hopeful that you can include a change (particularly bottom halves, trackpants/socks) in their bags.

If anyone has any trackpants that their child has outgrown and no one to hand them onto, we would certainly welcome them at school.

# Approaches to Learning Awards

00A	Ella Polanske	For always being willing to share her ideas and supporting others to be confident in sharing theirs.
00B	Ruby Nunn	Communicating her thoughts and her work clearly and confidently.
01A	Jake Allison	For the wonderful way he has communicated his understandings of floating and sinking, through his Science inquiry journal.
	Liam Allison	For the wonderful way he has communicated his understandings of floating and sinking, through his Science inquiry journal.
01B	Ruby McKenzie	For developing her communication skills during remote learning, by listening to and using feedback. Well done, Ruby!
02A	Calvin Lee	For thinking 'outside the box' and creating an informational video teaching others about the Water Cycle, using a fish tank! Calvin, you made sure that it was engaging, but also included key words and spoke clearly. A superstar effort you should be proud of!
	Kasey Kendell	Kasey put in a huge effort to teach others about the water cycle by writing and performing his own rap! Which made for an engaging and informational watch. Kasey, your voice was clear and you were sure to include all key words! Keep shining and smiling that big bright smile!
02B	Sasha Marston	For the extremely creative and unique way she was able to share her understanding of the Water Cycle with her peers. Sasha should be incredibly proud of the way she used her imagination to share all of the key facts! Well done, Sasha!
03A	Esther Cutts	For your outstanding communication skills. You clearly articulated your learning throughout the creation of your cultural museum display. Well done, Esther!
03B	Lily-Rose Jackson	For persevering and trying her hardest to push herself out of her comfort zone during challenging remote learning tasks this term.
04A	Abigail Harris	For listening to instructions carefully, asking questions to clarify her understanding and expressing her ideas thoughtfully.
04B	Sophie Moody	For always reading the task instructions during home learning. Sophie has produced some wonderful work in this time and should be proud of her attention to detail.
05A	Darcy Simpson	For your ability to effectively communicate and persevere to excel during the remote learning period.
05B	Hunter Bogers	For trying your best during remote learning and effectively communicating your understandings of The First Fleet through a creatively written poem.
06A	Eboni Vranesic	For showing great improvement in managing her home learning. Her perseverance and resilience have been commendable.
06B	Isabella Guy	Isabella always works hard to complete all set tasks to the best of her ability. She has approached challenging tasks with a positive attitude and readily uses feedback to improve the way she approaches future tasks, well done Isabella.
Gardening Kitchen	Shayleigh Wallis	For being well organised, setting goals and displaying excellent time management skills, to complete her Grade 6 Journal Cover ahead of time, and to a very high standard. Congratulations and well done, Shayleigh!
Music	Tiarni Masterson	For your Self Management in Music Classes. You are commended for your mindfulness, self-motivation and resilience in Music Tiarni, particularly during Remote Learning. Congratulations on using these skills to help you set goals for yourself in Music.
LOTE	Amelia Litchfield	For a beautifully presented, artistic, and informative presentation about her exploration of Japan. Her efforts show perseverance and high levels of motivation.
Inquiry Support	Laylah Lynch	For your perseverance and self-management skills to thoroughly complete all Inquiry Support activities to a high standard during remote learning. Congratulations!
PE	Kate Sandwith	Kate shows excellent time management and motivation towards her learning tasks in Physical Education.

## JUNIOR UNIT

It is hard to believe that Term 3 is coming to a close next week and that we will finally get to see the smiling faces of the students, when we return in Term 4.

We are so proud of the way everyone has supported home learning and we thank-you for remaining positive during these tough times. With the holidays fast approaching, it is important to reflect on how far we have come and remain grateful for our own health and safety.

We know that managing emotions during this time is extremely important. We hope that parents can help support the transition period, by having conversations with children around how school will be the same and also how it might be different. This will provide a degree of predictability and comfort to the students when they step back into the classroom next term.

Once again, thank-you for all the work everyone has been doing at home! Working in partnership between home and school has never been more important and we hope this can continue for the remainder of the year!

## MIDDLE UNIT

We are so happy with the news that we will be back at school during Term 4. We cannot wait to see everyone's faces again and have no doubt the students are excited to see each other again.

Thank you to everyone who has made this time run as smoothly as it has. As teachers we have certainly felt support from home, and can see that the students have been given a wonderful level of support. Please continue to focus on your wellbeing for the remainder of this time and keep checking in on each other.

The students have continued to do some wonderful learning over the last few weeks. Grade 3's have been inquiring into creativity and ways people can express themselves. This has meant students have had the opportunity to explore poetry and different forms of art as ways of expressing ourselves. This will then lead into learning about how we can be creative through performing arts.

Grade 4 students are inquiring into adaptations and how animals have changed over time to survive in their environments. They are beginning their own Personal Inquiry into an animal or environment, with the opportunity to present this however they think will best showcase their learning. We are very excited to see what will be produced.

We look forward to seeing you early next term!

## SENIOR UNIT

As we approach the final weeks of Term 3 we must congratulate the students and families in the Senior Unit for their hard work and positivity during home learning.

This term the Grade 5s have explored colonial history, bringing the memory of important historical figures back to life as part of our Online History Museum. We wrote plays, created historical theme parks, wrote songs and raps, designed computer games and even planned historical walks. We have also written scary stories and sought to extend our multiplication and division skills. Next, we will start to explore how energy use affects the environment and look forward to further scientific investigations.

In Grade 6 students have continued to investigate and build their understanding of culture and their central ideas. They have begun to link the learner profile and PYP attitudes to their Exhibition. Due to the Covid-19 restrictions the Grade 6 Exhibition will be going digital this year and we are excited to undertake this new challenge and share our learning with the community in a new format. In Math students have begun to investigate the relevance of maps and cartography and hone their skills in using and creating different kinds of maps.

Once again, we would like to thank the students and families for all of their efforts this term and all the hard work they are doing at home. If you have any questions please contact your teacher as we are focused on ensuring students finish the term off in a positive manner.



PYP@home

Even though we've been at home, we've still had lots of opportunities to be inquirers! Here are some of the ways we have been researchers, thinkers and communicators at home!



Grade 3 have been inquiring into the way 'History lives through culture'. They have explored different elements of Indigenous culture and shared their findings through Padlet.

Grade 4 have been inquiring into the way exploration changed the world and the different perspectives of those involved. Lucy, 4B



Grade 5 have been researching people who shaped Australia's colonial past. Fraser, 5A

Grade 2 inquired into how to be an illustrator! Edmund's dad, Stuart, shared tips on how to draw characters during a recent Webex meeting. Thanks Stuart!





News from the Specialist Teachers at UPPS



## Japanese :Mr. Paxton

*Konnichiwa!*

Dear UPPS Community,

This week, I thought I'd share some great work and activities from the week, to show you all the breadth and quality of work being completed throughout the school. I have encouraged middle and upper grade students to explore, investigate and cultivate their curiosity about Japanese language and culture through exploring Google Earth, websites and games such as Kahoot! Again, I've loved seeing your kids' work, and been impressed by some very creative submissions. **Gambatta ne!** (Well done!)



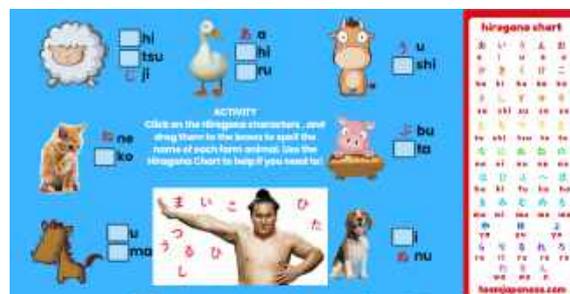
Writing Hiragana



Asia and Japan



Google Earth, Tokyo



Far Animals, F-1



Foundation: Hiragana



Hiragana grade 1

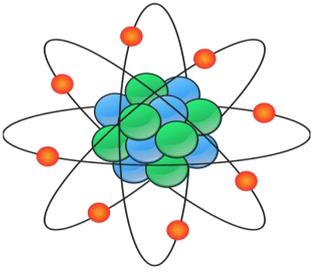
### Skytree & Tokyo Tower



### Discovering Japan!







# Discovery Centre



*Piglet: "How do you spell love?" Pooh: "You don't spell it, you feel it."*

**Adventures of Winnie the Pooh**

**CBCA Book Week  
2020 Term 4**



## Curious Creatures, Wild Minds

As parents and carers, every year **YOU** are to be congratulated on your inspiring and imaginative costume choices.

We are still a little unsure how Book Week will look this year, but whether it is at home or at school we can still roam among the wild world of books and enjoy dressing up as our favourite story book or movie character!! Here are some ideas you could try out during the school holidays:

Costumes can be made up from items lying around the home, old dress ups and craft materials. There are also some fabulous ready-made costumes to order online in a huge range of themes that can save time if you aren't confident creating.



We look forward to seeing your creative costume choices in Term 4!!

Lots of super, simple dress up ideas [here](#)

Learn how to make a wild bird mask on YouTube [here](#)

Some great animal face-painting ideas on Pinterest [here](#)

**STAY TUNED FOR MORE UPDATES!!**

We look forward to many characters we love and cherish step out of their books and into our lives!



**Mrs Perrett**

# Physical Education

## Physical Education

I have been very pleased with the number of students completing Physical Education tasks. This week, senior students have been looking at the benefits of physical activity on improving their physical and mental wellbeing as well as their Social Connections. Junior students enjoyed completing exercises from an Alphabet chart, spelling out their names. Keep up the great work and remember to get outside and have some fun!

## Rebel Sports - Football Jumper Design Winners

We had so many great entries this week. Congratulations to Kaleb Bryant, Foundation and Jake Huon, Grade 5. I hope you enjoy your Rebel sports prize



This week, we will pull two children's names out of a hat who have completed their Physical Education home learning tasks. So get your work completed to win. Keep an eye out for next weeks Rebel Sport Prize Challenge, it is going to be fun!

## Football Colours Day/ Community Engagement

A huge thankyou to all the children and families who were involved in Football Colours Day Fight Cancer Foundation. We had an overwhelming response with 195 photos and messages sent in and shared. We are so very happy to announce that our Urquhart Park Community reached our goal of \$1000 to support children and their families battling cancer. If you would still like to donate, please click on the link below.

<https://footy-colours-day-2020.raisely.com/urquhartpark>



THANKYOU

## MRS HEATHER DELAHUNTY

Please support those who support us. Urquhart Park Primary receive 5% of all purchases at Rebel sport. Please sign up to be a member at the counter when purchasing and choose Urquhart Park Primary.



### Family Karaoke Challenge #3

WOW - More great entries this week! A tie for **runner up** between two amazing singers, **Evelyn in 4A** and **Miley 6B** and the **Winner** this week for his amazing singing, grooving and expression is **Charlie P from 5A**. We also awarded a **Special Mention** this week to **Dylan and Oliva Brand (2B & 3B)** for both suggestion this great song and for their efforts singing, dancing and dressing up as minions in their family video! Well done everyone!

**SPECIAL NEWS:** to spice up the last few weeks of our Family Karaoke Challenge, we are announcing the **GOLDEN MICROPHONE** award, for the grade who has the most people participating in this challenge across the whole time it runs. **Get your entry in to help your class WIN!**



Music during remote learning continues to see many of our students reaching new heights in personal achievement. Our students are “showing what they know” in unique and individual ways that really tells all about their understanding and creativity. The last two weeks have seen us dancing, singing, developing a bow hold, performing, expressing our ideas, inquiring, investigating and exploring new ideas. We are courageous and balanced thinkers, who communicate and reflect on our learning with respect and care. Well done to all learners for their efforts so far this term—keep up the fabulous work! ❤️ Mrs Allen

## Free resources to build resilient families

### Raising Learners podcast

The Department of Education and Training has funded a 10-episode podcast series through the Raising Children Network called 'Raising Learners'. It features parenting experts from organisations including the Murdoch Children's Research Institute, Career Education Association Victoria, as well as the Australian eSafety Commissioner, Julie Inman-Grant.

Raising Learners provides parents with practical advice, tips and ideas for supporting children's health, wellbeing and engagement at school and at home. Topics include how to connect with your child's school and community, how to best support your child's learning, what to expect for VCE and VCAL students and how to keep your child safe online.

These topics were drawn from common questions that parents raised with the Department's coronavirus (COVID-19) hotline and Parentline.

The first three episodes will be available on 1 September, and the rest throughout terms 3 and 4. Raising Learners can be accessed via podcast apps and [Raising Children Network website](#).

### Managing the Coronacoaster webinar

Renowned child psychologist Dr Michael Carr-Gregg is back by popular demand to repeat his Coronacoaster webinar.

On 15 September, Dr Michael Carr-Gregg will again present Managing the Coronacoaster – Tips for building resilient families in the coronavirus era. His first webinar in August booked out in three days, with more than 12,000 registrations.

In this webinar, Dr Carr-Gregg provides tools and strategies for parents and carers to help manage the lockdown period and remote learning. Topics include:

- your supportive role
- setting the emotional tone
- focusing on what you can control
- how to deal with disappointment
- more resources and where to get help.

#### **Webinar details**

**When:** 7.30pm, Tuesday 15 September

**Duration:** 45-minute presentation, followed by a 15-minute question-and-answer session

**Format:** online via live stream

**Cost:** free

[Register for the Managing the Coronacoaster webinar via Eventbrite](#)

For children through to the elderly, there is an intrinsic link between exercise and positive mental health. Check out these suggestions from [Exercise Right](https://exerciseright.com.au) to bring physical activity into your home regime.



**TO KEEP HEALTHY, CHILDREN SHOULD BE MOVING FOR AT LEAST 60 MINUTES OR MORE PER DAY.**

Exercise should be completed at a moderate to vigorous intensity, and it's important aerobic activities (e.g. running, jumping, walking) are included. To keep it fun, you can mix and match your activities and even turn it in to a competition!

**We've listed some ideas below to get you started - try three every day:**



**BUILD A CUBBY OR TREE HOUSE**



**30-MINUTE SCOOTER/BIKE RIDE/ SKATEBOARD/ ROLLERBLADE**



**FIND A 'KIDS YOGA' YOUTUBE VIDEO**



**SKIPPING ROPE COMPETITIONS**



**PRACTICE BOUNCING AND CATCHING BOUNCY BALLS**



**MAKE YOUR OWN TWISTER CHALLENGE**



**ZUMBA DANCE PARTY OR 'LEARN TO DANCE' YOUTUBE VIDEOS**



**'WHAT'S THE TIME MR WOLF?' GAME**



**CREATE YOUR OWN KIDS BOOT CAMP WITH PRIZES**



**PRACTICE YOUR SOCCER SKILLS WITH DRIBBLING, KICKING AND SHOOTING**



**HOPSCOTCH CHALLENGE**



**SCAVENGER HUNT IN THE HOUSE AND GARDEN**



**HIDE & SEEK**



**CREATE A GARDEN OBSTACLE COURSE**



**MAKE A PLAYLIST AND DANCE TO YOUR FAVOURITE SONGS**



**ULTIMATE FRISBEE COMPETITION**

For more information on how to Exercise Right at Home, visit [exerciseright.com.au](https://exerciseright.com.au)



STORY BOX LIBRARY FOR FAMILIES



THE EASY WAY TO BOOK  
**SCHOOL  
INTERVIEWS**



Dear Parents

Learning Conferences will be held on the following dates:

Thursday 17<sup>th</sup> September and Friday 18<sup>th</sup> September 2020.

Learning Conferences will take place offsite via Webex and should take approximately 10 minutes per child.

Now you can book school interviews for the times that suit *your family*.  
Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and follow these simple instructions.

Simply enter the code and press "Go"



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best



When you click **FINISH**, your interview timetable will be emailed to you automatically. If you do not receive your email immediately –

You can return to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) at any time, and change your interviews - until the bookings close on 15<sup>th</sup> September at 4pm

You may change your bookings, any time prior to the closing date, by re-visiting the [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on: 5330 5400